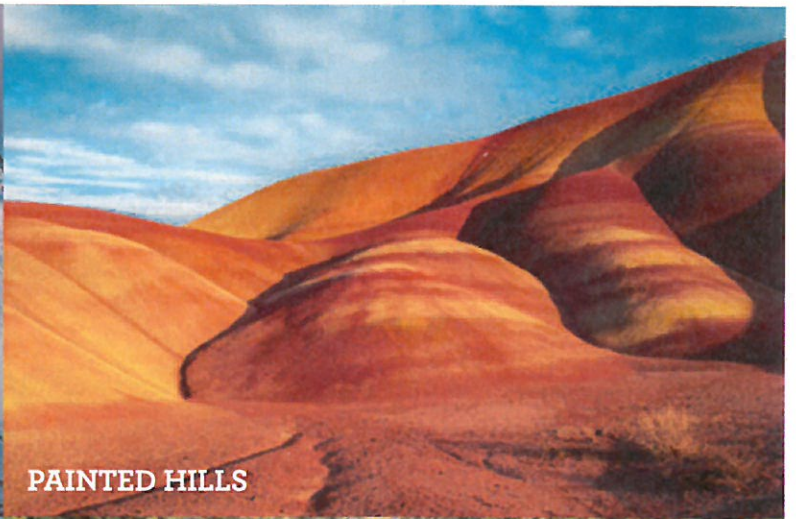
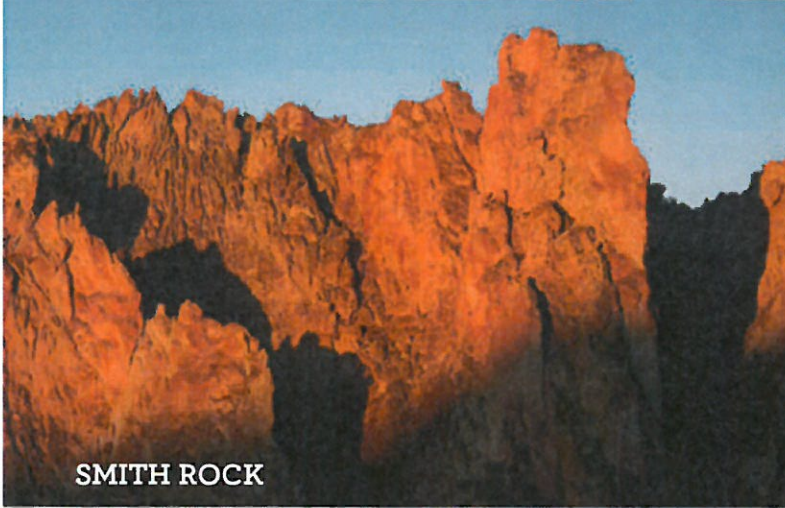




MT. HOOD



PAINTED HILLS



SMITH ROCK



COLUMBIA RIVER GORGE



THE WALLOWAS



THE OREGON COAST



CRATER LAKE NATIONAL PARK

The Seven WONDERS of OREGON™

Oregon has so many amazing things to see and do.

Here's your 12-day itinerary to exploring the 7 Wonders of Oregon and much more.

Day 1: Arrive in Portland

Welcome to Portland, a city that blooms not only with roses — which inspired its nicknamed City of Roses — but with world-class culture, food and attractions. Think craft breweries, food carts, coffee roasters, sprawling urban parks, live music, theater, gallery walks, public gardens, shopping and museums. You'll be back to explore Portland near the end of your trip. Today the city is the launch pad for your Oregon adventure.

Day 2: Portland to Pendleton

209 miles/336 kilometers

Drive east from Portland to the **Columbia River Gorge National Scenic Area**, where verdant mountainsides and waterfalls meet the Columbia River, one of the West's largest rivers that flows to the Pacific Ocean. The scenic area is filled with hiking trails, picnic spots and viewpoints.

Stop at **Hood River**, a town famous for its strong winds — which give kiteboarders and windsurfers some real thrills — and easy access to outdoor adventures in the **Mt. Hood** area. Don't miss the galleries, restau-

rants and breweries in Hood River's historic downtown.

Continue east to the more arid climes of Eastern Oregon. The new **SAGE (Sustainable Agriculture and Energy) Center** in Boardman illuminates the importance of local agriculture through a range of exhibits, including a simulated hot-air balloon ride.

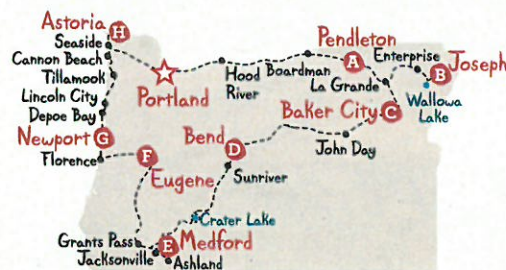
Farther east, the **Tamástslikt Cultural Institute** is a Native American-owned museum and research center in the Umatilla Indian Reservation. The museum celebrates the 10,000-year history and culture of three area tribes. One exhibit holds replicas of tribal dwellings.

Your final stop of the day is **Pendleton**, home of the annual Pendleton Round-up rodeo, one of the largest and oldest rodeos in the world. You can feel the town's Old West roots while sauntering through Pendleton's saloons and steakhouses.

Day 3: Pendleton to Joseph

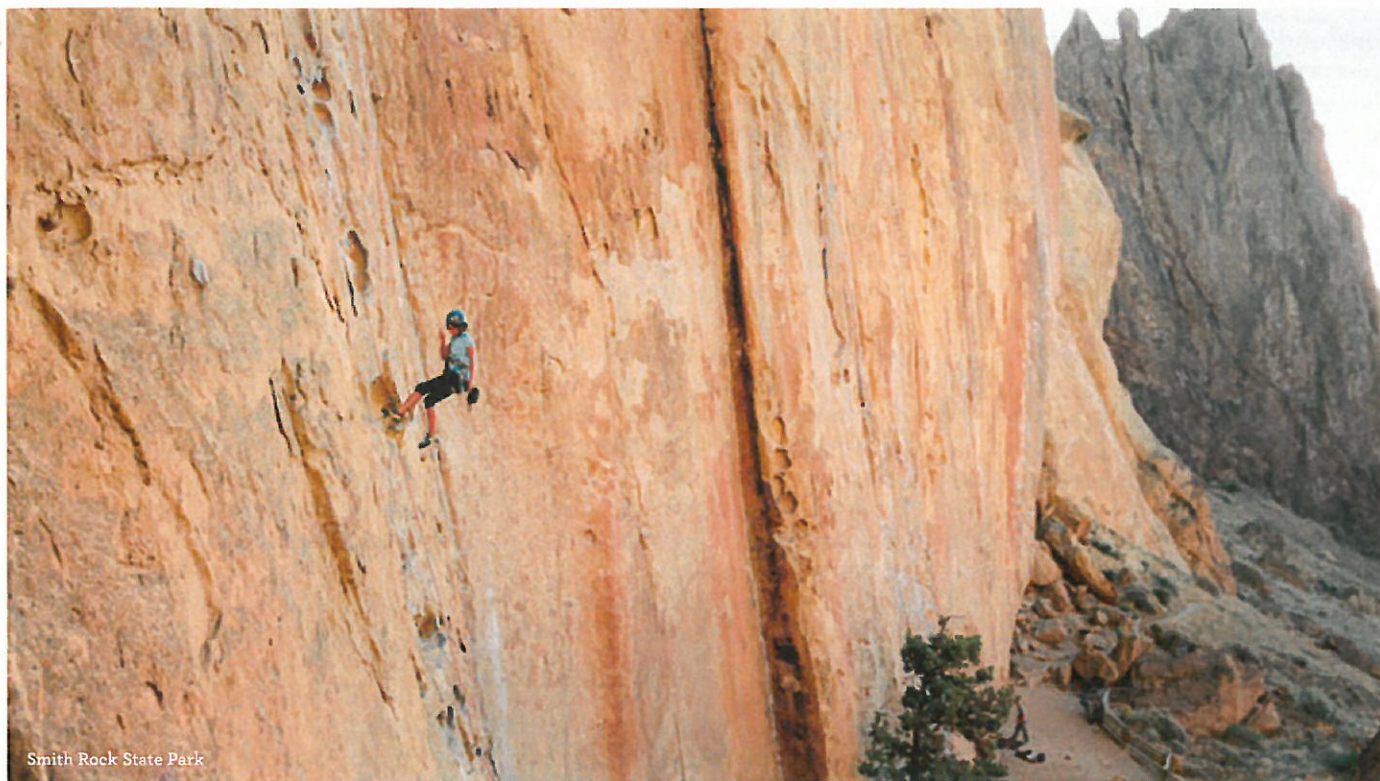
114 miles/183 kilometers

Today you'll discover stunning vistas and dramatic canyons. Drive



Road trip route

- ★ Start in Portland
- A Pendleton
- B Joseph
- C Baker City
- D Bend
- E Medford
- F Eugene
- G Newport
- H Astoria
- ★ End in Portland



CHRISTIAN SORENSON

to La Grande, the starting point for the **Hells Canyon Scenic Byway**, a winding 218-mile/351-kilometer road that stokes the dreams of motorcyclists and bicyclists. The road passes basalt cliffs, snow-capped peaks and the edge of the canyon itself, which is North America's deepest river gorge.

Take a detour from the byway to **Wallowa Lake**, a deep, clear, glacier-carved lake surrounded by the dramatic peaks of the **Wallowa Mountains**. During the summer, the lake is a popular place to swim, boat and have beach picnics.

The nearby small town of **Joseph**, at the base of the Wallowa Mountains, is your final stop for the day. Many artists find the scenery inspiring and have chosen to live and work here. Check out their creations at numerous bronze foundries and galleries, which sell locally made jewelry, metalwork, paintings and sculptures.

Day 4: Joseph to Baker City 114 miles/183 kilometers

Journey west through the town of **Enterprise** and stop for a pint at Terminal Gravity Brewing. Drive toward the town of **La Grande**, the gateway to Anthony Lakes Mountain

Resort, a family-friendly ski area that recently celebrated its 50th birthday. Take in the arid forests and mountain views on this scenic drive.

Make your way to **Baker City** — a former gold rush boomtown with historic buildings and the award-winning **Barley Brown's Brew Pub**. Just outside of town, the **Oregon Trail Interpretive Center** helps visitors imagine walking the Oregon Trail, a 2,000-mile pioneer route, through an extensive collection of artwork and exhibits.

Day 5: Baker City to Bend 230 miles/370 kilometers

Head west on Oregon Highway 7 and you'll find yourself in the town of **John Day**, a former gold rush town that had one of the largest Chinatowns in the West. The **Kam Wah Chung State Heritage Site** provides a vivid portrait of many Chinese immigrant lives. The 1870s building was once a Chinese apothecary, grocery store and trading post. Sealed for decades, the building was reopened and the original artifacts were perfectly preserved.

The **John Day Fossil Beds National Monument** is a three-unit paleontology site where fossils such as

mollusks, which lived on what was a beach 100 million years ago, are found in abundance. Don't miss the **Sheep Rock Unit** for its unique blue-green rock layers, and the Thomas Condon Paleontology Center, where you can watch scientists at work.

Keep heading west to the **Painted Hills Unit**, where barren hillsides look brushed with eye-catching hues, from ochre and blazing yellow to green, if you catch them in the right light. Enter the dramatic hills on one of five short hiking trails.

On the way to the outdoor mecca of Bend, stop at **Smith Rock State Park**, a destination for rock climbers who arrive ready to conquer the 800-foot cliffs rising above the lazy Crooked River. If you're not ready to hop in a harness, hiking and mountain-biking trails offer prime views of the park and its wildlife.

Nearby **Bend** is perfectly situated near world-class skiing, fly-fishing hot spots, kayaking rapids, rock-climbing routes, mountain-biking trails and golf courses. Downtown adds contrast with its shops, art galleries, yoga studios, movie theaters and renowned restaurants. Discover Bend's booming beer scene on the **Bend Ale Trail**, which includes 19

breweries. Find craft beer fun everywhere from one of the largest craft breweries in the country to a neighborhood pub with outdoor fire pits and famous pizza.

Six miles south of town, the **High Desert Museum** offers a broad view of the history and wildlife of the region. Exhibits include a Native American camp, a birds of prey center and a re-creation of a turn-of-the-century ranch and sawmill.

End your day at nearby **Sunriver Resort**, where vacation properties are interspersed with 63 holes of championship golf, a spa, tennis courts, swimming pools, 35 miles of bike paths and a marina on the Deschutes River.

Day 6: Bend to Medford

173 miles/278 kilometers

Follow the Cascades Mountains south as you head toward **Crater Lake National Park**. The lake was formed 7,700 years ago, when a volcanic peak erupted then collapsed. The remaining caldera filled with water, creating the deep azure-blue lake you see today. Rim Drive offers dozens of lake viewpoints, and the grand 1915 Crater Lake Lodge offers another spectacular scene.

Head through the lush **Applegate Valley**, a collection of rolling hills outside Medford. The valley has become yet another burgeoning Oregon wine region that's producing cabernet sauvignon, merlot and chardonnay. Nearly 20 top-notch wineries — many with tasting rooms — are scattered among farm stands, creameries, lavender farms and hiking trails.

In the former gold rush town of **Jacksonville**, many original buildings from the 1880s still line the historic main street. These days the tiny downtown holds art galleries, boutiques and wine-tasting rooms.

Just south of Medford is the cultural center of **Ashland**, home of the **Oregon Shakespeare Festival**. Every year the theater draws nearly half a million theatergoers to the 11 plays it produces. On summer nights, the outdoor Elizabethan Stage crackles with some of Shakespeare's finest works.

End your day in **Medford**, one of the largest cities in Southern Oregon.

Day 7: Medford to Eugene

166 miles/267 kilometers

Head north to the Willamette Valley through **Grants Pass**, the starting point for adventures on the **Rogue River**, a Wild and Scenic River that runs from the Cascade Mountains to the Pacific Ocean. Popular for jet boating, white-water rafting and fishing, the river is home to bald eagles, salmon, river otters and black bears.

As you near the town of Eugene, stop at numerous **award-winning wineries**, where pinot noir and pinot gris vines cover Oregon's cool hills. From the wineries' tasting rooms, you'll begin to understand the region's distinct terroir.

Make your way to **Eugene**, a vibrant college town that's home to the University of Oregon. The town feels connected to the outdoors thanks to numerous parks and pathways, and a vibrant culinary scene features top-notch restaurants and a dedication to local wines.

Day 8: Eugene to Newport (via Florence)

111 miles/178 kilometers

Head as far west as you can go, to the **Oregon Coast**, and then north. In **Florence**, a serene town where the Siuslaw River meets the sea, the beach can be cloaked in mist or gleaming with sunshine. The nearby historic Heceta Head Lighthouse is a good place to spot sea lions and migrating whales.

Florence is the gateway to the **Oregon Dunes National Recreation**

Area, a 50-acre expanse of ocean-front sand dunes. The southern half of the dunes is open to off-highway vehicles, including dune buggies and dirt bikes, while the northern dunes are reserved for wildlife, which makes for good hiking and canoeing.

Drive north along a stunning stretch of coastline to **Newport**, an active commercial fishing hub with a waterfront area lined with gift shops, restaurants and barking sea lions. The **historic bayfront** is a great place to eat locally caught seafood and watch the fishing boats come and go. Climb aboard a boat for a bay and ocean tour from **Marine Discovery Tours** in Newport. Naturalist guides educate landlubbers about wildlife spotted during the cruise — which hopefully includes a whale sighting.

Leave the bayfront area and cross the 1930s Yaquina Bay Bridge to reach the world-class **Oregon Coast Aquarium**, where you can watch sea otters crack open mollusks and a giant octopus unfurl its arms.

Day 9: Newport to Astoria

134 miles/216 kilometers

Head north to the **Depoe Bay Whale Watching Center**, another great place to see one of the thousands of whales that pass by each year, with its free binoculars and informed park rangers.

Then stop in **Lincoln City**, where you can learn to blow glass at the **Jennifer Sears Glass Art Studio**. With just the right amount of help, you can make colorful glass bowls,



CHANTAL ANDERSON

Surfing on the coast

Extend Your Stay:

Add visits to these areas.

MT. HOOD / TIMBERLINE

Mt. Hood, a pointy, glacier-covered peak, offers all types of winter and summer recreation, from hiking and mountain biking to year-round skiing and snowboarding. **Timberline Lodge** is perched on the flanks of the mountain, at the base of a ski resort. The building holds iron and woodwork crafted by crews during the Great Depression. The onsite restaurant and Ram's Head Bar have beautiful south-facing views of towering Cascade Mountain peaks. Down the mountain a bit, in the town of Welches, **The Resort at the Mountain** offers a golf course, a spa, tennis courts and an outdoor pool, with easy access to nearby hiking and mountain-biking trails, river rafting, fly-fishing, skiing and snowboarding.

WINE TASTING NEAR PORTLAND

The northern Willamette Valley, which includes Portland, is known for its world-class pinot noirs. The grapes thrive here, and winemakers have honed their craft. You can taste local wines at wineries with every type of tasting room, from small and rustic to luxurious and modern. The towns of **Carlton** and **Dundee** offer clusters of tasting rooms and wine-centric restaurants.

SOUTHERN OREGON COAST

A sparsely populated and wild section of the state, the Southern Coast area offers spectacular beaches, wide rivers entering the sea and many opportunities for exploring the natural world. Go fishing or crabbing in the town of **Bandon**, then explore **Gold Beach**, where the Rogue River meets the sea.

paperweights or floats to take home the next day.

Don't miss the spectacular **Three Capes Scenic Drive**, a road that offers views of a haystack rock, dramatic rocky beaches, coastal rain forests, a giant Sitka spruce and a historic lighthouse. The drive ends in Tillamook, a town surrounded by dairy farms that provide milk to the **Tillamook Cheese Factory**. Tour the factory to see how the famous cheese is made.

For more culinary inspiration, the **EVOO Cannon Beach Cooking School** offers interactive chef dinners and classes on how to prepare everything from dinner party menus to artisan bread. You can't miss Cannon Beach's iconic **Haystack Rock**, which rises from the ocean during high tide but has accessible tide pools during low tide. Nearby **Ecola State Park** offers secluded sandy beaches, forested trails to viewpoints, an abandoned lighthouse, picnic areas and prime surfing spots.

Get a taste of oceanfront fun in the town of **Seaside**, where a carnival atmosphere means arcades, ice cream parlors, surf shops and a boardwalk.

End your day of coastal explorations in **Astoria**, a town situated where the great Columbia River meets the Pacific Ocean.

Day 10: Astoria to Portland

97 miles/156 kilometers

Begin your day with a bird's-eye view of Astoria by climbing the stairs inside the 125-foot-tall **Astoria Column**. From the top, you'll see ocean liners at the mouth of the Columbia River and the Coast Mountains rolling south.

In town, walk along the riverfront for a closer look at the great ships, or meander through hilly residential neighborhoods filled with historic homes. One of those, the **Flavel House**, is a refurbished Queen Anne built by Captain George Flavel, one of the town's prominent men of the 1880s. The home is a museum filled with extravagant period pieces. At the **Astoria Sunday Market**, which runs from May to October, hear live music and peruse local arts and crafts.

Drive to nearby **Fort Clatsop**, the

spot where Western explorers Lewis and Clark wintered over with their expedition in 1805. Today the site holds a replica fort and the trailhead for a path that follows the route the explorers took to walk to the ocean.

Then head inland to **Portland**, just two hours away.

Day 11: Portland

Today you'll spend the entire day in Portland, a vibrant and laid-back city inhabited by eco-conscious residents who ride bikes everywhere, from work and school to restaurants and the theater. Urban commuting is just one element of the city's **booming bike culture**.

Get a taste for the food scene at some of the more than 500 **food carts**. Serious culinary talent creates and cooks in these small mobile kitchens, which are located in "pods" all over the city. Try every waffle, Korean taco and plate of poutine you can handle.

A new crop of **urban wineries** is producing wine inside city limits, and you can visit their tasting rooms to try numerous vintages, while **Distillery Row** is home to six local distilleries making everything from whiskey and gin to rum and aquavit. Since you're in "Beervana," don't miss taprooms at some of the city's more than 50 **craft breweries**, which brew everything from barrel-aged beers to hoppy India Pale Ales.

Shopping gets good in the **Pearl District**, once an industrial area that now holds upscale boutiques and the city's highest concentration of galleries. Be sure to check out **Northwest 23rd Avenue**, a stretch inside a residential neighborhood with big trees and old bungalows that holds clothing shops, shoe stores and fine restaurants. In North Portland, **Mississippi Avenue** has a quirky artistic vibe — think comic books, a garden store with chickens, and a store filled with chocolate, salt and fresh flowers.

Day 12: Depart Portland

Portland International Airport (PDX) offers flights around the world, all accessible by public transportation and a paved bike trail, of course.